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Folk horror is a subgenre of horror film and horror fiction that uses elements of folklore to invoke fear and foreboding. Typical elements include a rural setting, isolation, and themes of superstition, folk religion, paganism, sacrifice and the dark aspects of nature.

[Folk horror - Wikipedia](#) : wiki : Folk_horror

[What is the Scariest Type of Horror Story?](#)

Paranormal horror spooks give many of us, well, the spooks.

Horror-thriller scarier to some because they're not supernatural, but grounded in reality.

Body horror plays on instinctual fears around physical violation and mutilation.

[What is the Scariest Type of Horror Story? - Kim Berkley](#)

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[Body horror](#)